



WE NEED TO TALK ABOUT VAPING!

What's with vaping and teens?

Vaping have been marketed as the safer alternative to smoking. Teenagers throughout the United States are addicted to the movies, videos and e-liquids in thousands of flavors. But a new study shows that their vapor alone can cause your blood vessels to contract, stiffen, and circulate less oxygen. And that is excluding the effect of the highly addictive nicotine as a gateway to cigarettes, or the fact that the liquids contain carcinogens and different chemicals with negative effects on the health.



Nicotine

There is often nicotine use along with vaping. Nicotine is a highly addictive substance. Nicotine has a negative impact on teenage brain with permanent consequences.

Trend

Online influences on Instagram, YouTube and other channel are increasing the popularity worldwide without complete awareness of the effects, this is a worrisome trend.

Awareness

Understanding how vaping works and being aware, parents and educators can make the difference avoiding an unnecessary epidemic of the unknown.

Join the workshop and learn how to...

Read the signs

Approach teenagers

Share knowledge

Talk about it!